ÖZGEÇMİŞ

1. **Adı- Soyadı** : Tuğba Songül Tat
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2. **Doğum Tarihi** : 05.08.1982
3. **Ünvanı** : Doç. Dr.
4. **Öğrenim Durumu** : Doktora

EĞİTİM VE UZMANLIK BİLGİLERİ:

Derece	Alan	Üniversite	Yıl
Lisans	Tıp Fakültesi	Gazi Üniversitesi	2000-2006
Y.Lisans-Doktora *(Tıpta Uzmanlık)*	Tıp Fakültesi / İç hastalıkları ABD	Karadeniz Teknik Üniversitesi	2006-2011
Doktora *(Tıpta Yandal Uzmanlık)*	İç hastalıkları ABD / Allerji ve İmmünoloji	Akdeniz Üniversitesi	2014- 2017
Doktora	Prof.Dr. Tuncer Karpuzoğlu Organ Nakli Enstitüsü/ İmmünoloji BD.	Akdeniz Üniversitesi	2015-Halen

5. **Akademik Unvanlar:**

   Doçentlik Tarihi: Ocak 2020 (İmmünoloji-Allerji Hastalıkları)

6. **Çalıştığı Kurum** : Gaziantep Medical Park Hastanesi

PROFESYONEL İŞ DENEYİMİ:

Zaman Dilimi	Yer	Kurum
Ağustos 2020-Halen	Gaziantep	Gaziantep Medical Park Hastanesi
Haziran 2017-Temmuz 2020	Gaziantep	Dr. Ersin Arslan Eğitim ve Araştırma Hastanesi Allerji-İmmünoloji Uzmanı (Devlet Hizmet Yükümlülüğü)

Şubat 2014- Mayıs 2017	Antalya	Akdeniz Tıp Fakültesi İç hastalıkları AD, Alerji ve İmmünoloji BD. Araş. Gör. Dr.
Ekim 2013-Şubat 2014	Antalya	Akseki Devlet Hastanesi Başhekimlik
Mart 2012- Ekim 2013	Rize	Rize Kaçkar Devlet Hastanesi'ne İç hastalıkları uzmanı (Devlet Hizmet Yükümlüğü)
Ocak-Mart 2012	Trabzon	Karadeniz Teknik Üniversitesi Tıp Fakültesi İç hastalıkları Bölümü- İç hastalıkları uzmanı

7. **Yönetilen Yüksek Lisans ve Doktora Tezleri:**

6.1. Yüksek Lisans Tezleri :-

6.2. Doktora Tezleri **:-**

8. **Yayınlar:**

8.1. SCI-E indekslerine giren dergilerde yayınlanan çalışmalar:

- **TAT, Tugba Songul.** Higher Levels of Depression and Anxiety in Patients with Chronic Urticaria. *Medical science monitor: international medical journal of experimental and clinical research*, 2019, 25: 115.
- **TAT, Tugba Songul.** Adherence to Subcutaneous Allergen Immunotherapy in Southeast Turkey: A Real-Life Study. *Medical science monitor: international medical journal of experimental and clinical research*, 2018, 24: 8977.
- **Tat TS**, Cilli A. Evaluation of long-term safety and efficacy of omalizumab in elderly patients with uncontrolled allergic asthma. Ann Allergy Asthma Immunol. 2016 Nov;117(5):546-549.
- **Tat TS**, Cilli A.Omalizumab treatment in asthma-COPD overlap syndrome. J Asthma. 2016 Dec;53(10):1048-50.
- Kaynar K, **Songul Tat T**, Ulusoy S.Evaluation of nutritional parameters of hemodialysis patients. Hippokratia. 2012 Jul;16(3):236-40.
- Sonmez M, Erkut N, Tat TS, Can a high platelet count be responsible for diabetes insipidus in acute myelogenous leukemia with monosomy 7 and inversion 3 (q21q26)? Int J Hematol. 2009 Sep;90(2):273-4.

8.2. SCI VE SCI-E olmayan uluslararası indekslerine giren dergilerde yayınlanan çalışmalar:

- **TAT, Tuğba Songül.** Kronik ürtikerli hastalarda troid otoimmünitesi ve artmış nötrofil lenfosit oranı. *Turkish Journal of Clinics and Laboratory*, 10.1: 52-56. (2019)
- **Tat, Tuğba Songül, et** al. "Erişkin İdiyopatik Trombositopenik Purpuralı Hastalarda IL-10 ve IL-17 Gen Polimorfizm." *Namık Kemal Tıp Dergisi* 6.2 (2018): 36-44.
- **Tat, Tuğba Songül,** and Aykut Çilli. "Ağır Alerjik Astımlı Hastalarda Omalizumab Tedavisi." *Istanbul Medical Journal* 18.3 (2017).
- **Tat, Tuğba Songül.** "Kronik spontan ürtikerde omalizumab tedavisinin etkinliği ve güvenliği: bir naturalistik çalışma." *Cukurova Medical Journal* 43.4: 1-1. (2018)

8.3. Uluslararası hakemli kongre / sempozyumların bildiri kitaplarında yer alan sözel bildiriler

- **Tat, Tuğba Songül,** Astım hastalarında inhaler cihazların hatalı kullanımı, 3, Uluslararası Lisansüstü Eğitim Kongresi, 11-13 mayıs 2018, Manisa

8.4. Ulusal hakemli dergilerde yayınlanan makaleler

- Bayçelebi G, Aydın F, Gökosmanoğlu F, **Tat TS**, Varım C. Trabzon'da kanser tarama testleri farkındalığı. J hum rhytmm 2015; 1(3): 90-94

8.5. Ulusal hakemli kongre / sempozyumların bildiri kitaplarında yer alan sözel bildiriler

- **Tat, Tuğba Songül**, Allerjik rinit ve astımda güvenilir bir tedavi seçeneği: Subkütan Allerjen immünoterapisi. Medi trio 3 kongre,4-7 Ekim 2018, Kıbrıs

8.6. Ulusal bilimsel toplantılarda sunulan ve bildiri kitabında basılan bildiriler (posterler)

- **Tat, Tuğba Songül**, Kronik Ürtikerli Hastalarda Oto-immünite, 26, Ulusal Allerji ve Klinik İmmünoloji Kongresi, 9-13 Kasım 2019, Antalya
- **Tat, Tuğba Songül**, İnhalen Allerjenlerle İmmünoterapi Güvenilirliği, Tek Merkez Deneyimimiz, 25. Ulusal Allerji ve Klinik İmmünoloji Kongresi, 17-21 Kasım 2018, Antalya
- **Tat, Tuğba Songül**, İnhalen Cihazların Astımlı Hastalarda Yüksek Hatalı Kullanımı, Allerjenlerle İmmünoterapi Güvenilirliği, 25. Ulusal Allerji ve Klinik İmmünoloji Kongresi, 17-21 Kasım 2018, Antalya
- **Tat, Tuğba Songül**, Dirol Hülya, Tek Semptomu Kaşınt Olan Bir Lenfoma Vakası, 24, Ulusal Allerji ve Klinik İmmünoloji Kongresi, 18-22 Kasım 2017, Antalya
- **Tuğba Songül Tat**, Aykut Çilli, Sarkoidozda Platelet Lenfosit Oranı Bir Belirteç Olabilir mi? 20. Toraks Kongresi, Belek, 2017
- **Tuğba Songül Tat**, Aykut Çilli, Sarkoidoz hangi yaş grubunun hastalığıdır?, 20. Toraks Kongresi, Belek, 2017
- **Tat TS**, Kontrolsüz Alerjik Astımlı Hastalarda 36 aydan uzun süreli anti-IgE Tedavisi Kullanımının Sonuçları, '23. Ulusal Allerji ve Klinik İmmünoloji Kongresi, Bodrum, 2016'
- **Tat TS**, Kaşıntı İle Başvuran Bir Lenfoma Vakası. '23. Ulusal Allerji ve Klinik İmmünoloji Kongresi, Bodrum, 2016'
- **Tat TS**. Tedaviye Dirençli Kronik Ürtiker Hastalarında Omalizumab Deneyimimiz' 23. Ulusal Allerji ve Klinik İmmünoloji Kongresi, Bodrum, 2016.
- **Tat TS**. Sarkoidozda Nötrofil Lenfosit Oranı. 18. İç Hastalıkları Kongresi, Belek, 2016
- **Tat TS**. Sık Akciğer Enfeksiyonu Nedeniyle Araştırılırken Tanı Konan Primer İmmün yetmezlik Olgusu.18. İç Hastalıkları Kongresi, Belek, 2016
- **Tat TS**. Bir İç Hastalıkları Uzmanının Çıkardığı Aylık İlaç Raporu Dağılımı. 18. İç Hastalıkları Kongresi, Belek, 2016
- **Hülya Dirol, Tat TS.** Tanısı oldukça geciken bronşiektazi ve primer imm ün yetmezlik olgusu. 19. Toraks Kongresi, Belek, 2016.
- Çiğdem Çiçek Kolak, **Tuğba Songül Tat,** Melike Şahiner, Dilara İnan HIV Enfeksiyonunda Kotrimoksazol Hipersensitivitesi Yönetimi Nasıl Olmalı? Bir Olgu Sunumu, Klimik 2016, Antalya
- **Tat TS**. Proteinüri İle Komplike Bir Hipogammaglobulinemi Vakası: Fokal Segmental Glomerüloskleroz. 22. Ulusal Allerji ve Klinik İmmünoloji Kongresi ,Belek, 2015.
- **Tat TS.** Başarılı Bir Kotrimoksazol Desensitizasyonu Ne Kadar Sürer?: Olgu Sunumu Ve Literatürün Bir Özeti. 22. Ulusal Allerji ve Klinik İmmünoloji Kongresi, Belek, 2015.

- **Tat TS.** Oto-İmmünite ve Yaygın Değişken İmmun Yetmezlik. 22. Ulusal Allerji ve Klinik İmmünoloji Kongresi, Belek, 2015.
- **Tat TS.** Yaygın Bronşektazili Bir Primer İmmün Yetmezlik Olgusu. 19. Toraks Kongresi, Belek, 2015.
- Özlem Çakın, **Tuğba Songül Tat,** Ozan Salim, Melike Cengiz, Atilla Ramazanoğlu, L- asparaginaz ile anaflaksi gelişen olguda yoğun bakımda desensitizasyon deneyimi, 12. Ulusal dahili ve cerrahi bilimler yoğun bakım kongresi, Ankara, 2015.

ATIFLAR

- A. Atıf yapılan makale: ***TAT, Tugba Songul.*** *Higher Levels of Depression and Anxiety in Patients with Chronic Urticaria. Medical science monitor: international medical journal of experimental and clinical research, 2019, 25: 115.*

A1. Bansal, Ciara Jade, and Amolak Singh Bansal. "Stress, pseudoallergens, autoimmunity, infection and inflammation in chronic spontaneous urticaria." Allergy, Asthma & Clinical Immunology 15.1 (2019): 1-11.

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A3. Gonçalo, M. A. R. G. A. R. I. D. A., et al. "The global burden of chronic urticaria for the patient and society." British Journal of Dermatology 184.2 (2021): 226-236.

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A5. Huang, Yuzhou, et al. "A meta-analysis of observational studies on the association of chronic urticaria with symptoms of depression and anxiety." Frontiers in medicine 7 (2020): 39.

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A16. Can, Pelin Kuteyla, et al. "Depression scores change significantly after omalizumab treatment in patients with chronic spontaneous urticaria." Asian Pacific Journal of Allergy and Immunology (2021).

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A24. Fritsch-Kümpel, Miriam. *Stressverarbeitung bei Patienten mit chronischem Schmerz oder chronischem Juckreiz im Vergleich*. Diss. Universitätsbibliothek Mainz, 2019.

- B. Atıf yapılan makale: ***TAT, Tugba Songul.*** *Adherence to Subcutaneous Allergen Immunotherapy in Southeast Turkey: A Real-Life Study. Medical science monitor: international medical journal of experimental and clinical research, 2018, 24: 8977.*

B1. Tanno, L. K., Gonzalez-Estrada, A., Olivieri, B., & Caminati, M. (2019). Asthma and anaphylaxis. *Current opinion in allergy and clinical immunology*, *19*(5), 447-455.

B2. Bielory, L., & Schoenberg, D. (2019). Ocular allergy: update on clinical trials. *Current opinion in allergy and clinical immunology*, *19*(5), 495-502.

B3. Vogelberg, Christian, et al. "Real-world adherence and evidence of subcutaneous and sublingual immunotherapy in grass and tree pollen-induced allergic rhinitis and asthma." *Patient preference and adherence* 14 (2020): 817.

B4. Caruso, Cristiano, et al. "Adherence to allergen subcutaneous immunotherapy is increased by a shortened build-up phase: a retrospective study." *BioMed research international* 2020 (2020).

B5. Lourenço, Tatiana, et al. "Subcutaneous immunotherapy with aeroallergens-evaluation of adherence in real life." (2020): 84-90.

B6. Liu, Juan, et al. "Compliance with subcutaneous immunotherapy and factors affecting compliance among patients with allergic rhinitis." *American Journal of Otolaryngology* (2021): 103125.

- C.Atıf yapılan makale: ***Tat TS,*** *Cilli A.Omalizumab treatment in asthma-COPD overlap syndrome. J Asthma. 2016 Dec;53(10):1048-50.*

C1. Maltby, S., Gibson, P. G., Powell, H., & McDonald, V. M. (2017). Omalizumab treatment response in a population with severe allergic asthma and overlapping COPD. *Chest*, *151*(1), 78-89.

C2. Leung, J. M., & Sin, D. D. (2017). Asthma-COPD overlap syndrome: pathogenesis, clinical features, and therapeutic targets. *Bmj*, *358*, j3772.

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C5. Sposato, B., Scalese, M., Latorre, M., Scichilone, N., Matucci, A., Milanese, M., ... & Vultaggio, A. (2016). Effects of omalizumab in severe asthmatics across ages: a real life Italian experience. *Respiratory medicine*, *119*, 141-149.

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C13. Milne, S., Mannino, D., & Sin, D. D. (2019). Asthma-COPD Overlap and Chronic Airflow Obstruction: Definitions, Management, and Unanswered Questions. *The Journal of Allergy and Clinical Immunology: In Practice*.

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C20. Hines, Kristin L., and R. Stokes Peebles. "Management of the asthma-COPD overlap syndrome (ACOS): a review of the evidence." *Current allergy and asthma reports* 17.3 (2017): 15

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- D. Atıf yapılan makale: ***Tat, Tugba Songul,*** *and Aykut Cilli. "Evaluation of long-term safety and efficacy of omalizumab in elderly patients with uncontrolled allergic asthma." Annals of Allergy, Asthma & Immunology 117.5 (2016): 546-549.*

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D8. Tat, T. S. (2018). Kronik spontan ürtikerde omalizumab tedavisinin etkinliği ve güvenliği. *Cukurova Medical Journal*, *43*(4), 903-907

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9. Bilimsel ve Mesleki Kuruluşlara Üyelikler:

Türkiye Ulusal Allerji ve Klinik İmmünoloji Derneği

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Türk Tabipler Birliği